

Desserts

- Vanilla Cheesecake with Raspberry Sauce \$7
- Brown Cow Float \$5
- Warm Apple Pie \$6
- Double Chocolate Bundt Cake \$7
- Chocolate Fudge Brownie Sundae \$5
- Fresh Pungo Strawberries & Cream \$5

Kids Menu

For kids 12 and under, please

- Chicken Tenders & Fries - \$5
- Grilled Cheese & Fries - \$5
- Mac & Cheese - \$5
- Jr Burger & Fries - \$5
- Jr. Hotdog & Fries - \$5

Breakfast Combos

- Buttermilk Pancakes**
A stack of buttermilk pancakes with bacon or country sausage and two eggs \$6
- Belgian Waffle**
Topped with seasonal fruit and whipped cream \$6.50
- Country-style Grits**
with two country sausage patties, two eggs & cream gravy \$7.50
- Biscuits & sausage Gravy** Served with two eggs \$7.75
- Dawn Patrol**
Two eggs, any style, with hickory smoked bacon or sausage links, country fried potatoes or grits & toast \$5.75
- The Chesapeake**
Three eggs, any style, with hickory smoked bacon or maple sausage links, country fried potatoes & toast \$6.75
- Breakfast Burrito**
Scrambled eggs, our country-fried potatoes, chicken, salsa and cheese, wrapped in a grilled flour tortilla \$7.50
- Bowl of Fresh Fruit & Granola** \$6.50
- Bacon or Country Sausage**
Served with one egg, biscuits or toast, & country fried potatoes \$6.25
- French Toast** \$4.50
- Spinach & Feta Quiche** \$7.25

Omelets

Served with country style potatoes or cheese grits

- Spinach & Feta Cheese Omelet**
Egg omelet filled with spinach & feta cheese \$7
- Western Omelet**
Filled with diced ham, peppers, red onions & cheddar cheese \$7.75
- The Works Omelet**
With green peppers, bacon, ham, tomatoes, mushrooms, American, Swiss & cheddar cheeses \$8
- Grilled Vegetable Omelet**
Filled with zucchini, peppers, onions & cheese \$6.50

Breakfast Sandwiches

- Served on white, wheat or rye toast, with one egg, bacon, ham or sausage
- Hickory Smoked Bacon & Egg Sandwich**
Crispy bacon, egg & melted cheese on a toasted egg muffin \$4
- Sausage & Egg Sandwich**
Sausage, egg & melted cheese on white country toast \$4
- Edwards Country Ham & Egg Biscuit** \$4.50

With link sausage - \$4.50
Add cheese to any breakfast sandwich - .50 cents
Add egg to any breakfast sandwich - .75
Egg beaters are available upon request for an additional .50 cents.

Breakfast Sides

- Hickory Smoked Bacon (4) \$2.50
- Maple Sausage Links (3) \$2.50
- Country Style Potatoes \$2.25
- Cheese Grits \$2.00
- Short Stack of Pancakes (3) \$3.75
- White, Wheat or Rye Toast \$1.50

Fresh Baked Muffins

- Blueberry Muffin \$2
- Lemon Muffin \$2
- Banana Nut Muffin \$2
- Orange-Cranberry Muffin \$2

VIRGINIA ORIGINALS



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at One Island on the Bay!

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Appetizers

Oysters Rockefeller

James River Oysters baked with spinach, bacon, Parmesan cheese & bread crumbs \$9

Spicy Popcorn Shrimp

A heaping bowl of crispy fried popcorn shrimp tossed with buffalo sauce \$8

Buffalo Wings

Crispy wings with spicy buffalo sauce, celery & bleu cheese or ranch dressing \$9

Raw Bar

Fresh Seaside Oysters or Little Necks - \$1 each
Shrimp Cocktail - \$7

Fresh Blue Crab Claw Cocktail - \$7

Steamed Clams or Mussels

A dozen of our finest, steamed with white wine and garlic butter \$10

Steamed Shrimp

A half pound of our delicately steamed, ready-to-eat shrimp with Chesapeake Bay spices \$11

Soups

Chesapeake Clam Chowder

Traditional creamy white clam chowder with celery & onions, Cup \$4 • Bowl \$6

She Crab Soup

Fresh local Chesapeake Bay she crab with a cream base & a touch of Sherry, Cup \$4 • Bowl \$7

Chilled Gazpacho

Fresh local vegetables & tomato juice, Cup \$4 • Bowl \$6

Soup of the Day

Ask your server about today's seasonal soup! Cup \$4 • Bowl \$6

Sandwiches

Sandwiches served with pasta salad or hand-cut fries

Hickory Smoked Turkey

Shaved turkey, Havarti cheese, crispy smoked bacon & garlic aioli served on toasted country Italian bread \$8

Basil Pesto Chicken

Basil pesto chicken with tomato, fresh mozzarella, basil & balsamic reduction served on a warm French baguette \$9

Chesapeake Tuna Melt

Fresh-cut tuna, cheddar cheese, bacon, mayonnaise & tomato served on a toasted kaiser roll \$10

Virginia Barbecue

Slow cooked with hickory & apple wood for hours, pulled & seasoned with our own sauce served on a bun \$8

Jumbo Lump Crab Cake

Grilled crab cake with lettuce, tomato & tartar sauce served on a toasted kaiser roll \$11

The Virginia

Fresh sliced Edward's ham, Gruyere cheese & house dressing served on a rustic French baguette \$9

Chesapeake Bay Fried Flounder Sandwich

Fried flounder with lettuce, tomato, tartar sauce & cole slaw served on a French baguette \$10

Classic Burger

with lettuce, tomato, red onion & your choice of cheese served on a toasted kaiser roll \$8

Grilled Vegetable Sandwich

Marinated roasted vegetables, spinach & red pepper aioli served on grilled sourdough bread \$7

Salads

Add to any salad, chicken for \$3 or salmon for \$5

Greek Salad

Fresh chopped romaine & iceberg lettuce, cucumbers, olives, feta cheese, pepperoncinis & roasted red peppers with our traditional Greek dressing \$9

Classic Caesar Salad

Fresh chopped romaine lettuce, crispy croutons & Parmesan cheese, tossed in our homemade Caesar dressing \$7

House Salad

Fresh chopped lettuce with tomatoes, cucumbers & red onions with your choice of dressing \$5

Pear & Bleu Cheese Salad

Organic baby greens with candied walnuts, pears & crumbled bleu cheese, tossed in a pear vinaigrette \$9

Entrees

Fish and Chips

Ale battered white fish with fresh coleslaw, tartar sauce, hand-cut fries & malt vinegar \$13

Pesto Roasted Vegetables with Angel Hair

Oven roasted vegetables tossed with pesto and angel hair pasta \$10

Maple & Dijon Glazed Salmon

Marinated grilled salmon with roasted potatoes & seasonal basil-pesto vegetables \$14

Oven Roasted Lemon & Herb Chicken

Crispy chicken seasoned with oregano, basil and lemon, served with oven baked seasoned potatoes \$15

Jumbo Lump Crab Cakes

Two Chesapeake Bay blue crab cakes with a Dijon mustard cream drizzle, served with roasted potatoes & seasonal basil-pesto vegetables \$18

Fried Soft Shell Dinner

Two fried soft shell crabs with our horseradish-infused potato salad, cole slaw & tartar sauce, Market Price

Petit Beef Filet

Our hand-cut 6 oz. filet of beef, prepared to your specification, with our Chesapeake Grill steak sauce with crispy hand-cut fries \$17

Seared Virginia Yellowfin Tuna

Fresh cut tuna served with warm gazpacho & our horseradish infused potato salad \$17

Chesapeake Bay Flounder in a Bag

Fresh flounder filet baked to perfection with a white wine & lemon butter served with roasted potatoes & seasonal basil-pesto vegetables \$17

Sides

Roasted Basil-Pesto Vegetables - \$2.50

Hand-Cut French Fries - \$2.50

Steamed Local Corn on the Cob - \$2.50

Roasted Potatoes - \$2.50

Mashed Potatoes - \$2.50