

MARCH 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	11:48 am	5:54 pm	10:26 am	4:30 pm
2	12:35 am	6:42 am	11:20 am	5:13 pm
3	1:31 pm	7:40 am	12:20 pm	6:11 pm
4	2:36 pm	8:47 am	1:24 pm	7:37 am
5	3:49 pm	9:58 am	2:32 pm	8:54 am
6	5:01 pm	11:06 am	3:43 pm	9:59 am
7	6:06 pm	12:06 pm	4:49 pm	10:55 am
8	7:43 am	2:00 pm	6:12 am	12:48 pm
9	8:36 am	2:49 pm	7:07 am	1:36 pm
10	9:25 am	3:34 pm	7:56 am	2:23 pm
11	10:10 am	4:16 pm	8:41 am	3:06 pm
12	10:52 am	4:57 pm	9:25 am	3:47 pm
13	11:33 am	5:38 pm	10:09 am	4:25 pm
14	12:13 pm	6:14 am	10:54 am	5:02 pm
15	12:53 pm	6:58 am	11:42 am	5:39 pm
16	1:35 pm	7:44 am	12:31 pm	6:20 am
17	2:21 pm	8:34 am	1:22 pm	7:10 am
18	3:15 pm	9:29 am	2:14 pm	8:11 am
19	4:17 pm	10:30 am	3:10 pm	9:19 am
20	5:22 pm	11:30 am	4:09 pm	10:20 am
21	6:09 am	12:24 pm	5:08 pm	11:11 am
22	7:01 am	1:12 pm	6:01 pm	11:56 am
23	7:46 am	1:54 pm	6:18 am	12:38 pm
24	8:28 am	2:33 pm	7:02 am	1:18 pm
25	9:07 am	3:11 pm	7:42 am	1:57 pm
26	9:46 am	3:49 pm	8:20 am	2:36 pm
27	10:25 am	4:27 pm	8:58 am	3:14 pm
28	11:05 am	5:06 pm	9:38 am	3:53 pm
29	11:48 am	5:49 pm	10:24 am	4:32 pm
30	12:34 pm	6:39 am	11:15 am	5:15 pm
31	1:25 pm	7:32 am	12:14 pm	6:04 pm

**Daylight Savings Time Begins

APRIL 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	2:24 pm	8:31 am	1:16 pm	7:11 am
2	3:31 pm	9:35 am	2:19 pm	8:24 am
3	4:42 pm	10:41 am	3:24 pm	9:37 am
4	5:50 pm	11:44 am	4:29 pm	10:39 am
5	6:26 am	12:41 pm	5:32 pm	11:33 am
6	7:23 am	1:33 pm	5:51 am	12:22 pm
7	8:15 am	2:20 pm	6:45 am	1:08 pm
8	9:02 am	3:04 pm	7:33 am	1:52 pm
9	9:46 am	3:46 pm	8:18 am	2:35 pm
10	10:27 am	4:26 pm	9:01 am	3:15 pm
11	11:06 am	5:06 pm	9:43 am	3:54 pm
12	11:44 am	5:45 pm	10:27 am	4:31 pm
13	12:23 pm	6:30 am	11:14 am	5:07 pm
14	1:03 pm	7:13 am	12:03 pm	5:44 pm
15	1:48 pm	7:59 am	12:53 pm	6:35 am
16	2:38 pm	8:49 pm	1:44 pm	7:27 am
17	3:36 pm	9:42 am	2:35 pm	8:30 am
18	4:37 pm	10:37 am	3:28 pm	9:32 am
19	5:35 pm	11:29 am	4:22 pm	10:24 am
20	6:08 am	12:18 pm	5:14 pm	11:10 am
21	6:59 am	1:04 pm	6:02 pm	11:53 am
22	7:46 am	1:47 pm	6:21 am	12:35 pm
23	8:31 am	2:30 pm	7:07 am	1:17 pm
24	9:15 am	3:13 pm	7:51 am	2:00 pm
25	9:59 am	3:57 pm	8:35 am	2:45 pm
26	10:45 am	4:44 pm	9:21 am	3:30 pm
27	11:33 am	5:32 pm	10:12 am	4:17 pm
28	12:24 pm	6:29 am	11:08 am	5:06 pm
29	1:19 pm	7:23 am	12:09 pm	6:01 pm
30	2:20 pm	8:20 am	1:10 pm	7:02 am

MAY 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	3:25 pm	9:19 am	2:11 pm	8:08 am
2	4:31 pm	10:19 am	3:11 pm	9:14 am
3	5:34 pm	11:17 am	4:11 pm	10:13 am
4	6:03 am	12:11 pm	5:09 pm	11:05 am
5	6:59 am	1:02 pm	6:03 pm	11:52 am
6	7:50 am	1:49 pm	6:20 am	12:37 pm
7	8:37 am	2:34 pm	7:09 am	1:21 pm
8	9:20 am	3:17 pm	7:55 am	2:03 pm
9	10:01 am	3:58 pm	8:38 am	2:45 pm
10	10:40 am	4:38 pm	9:20 am	3:25 pm
11	11:18 am	5:18 pm	10:04 am	4:04 pm
12	11:57 am	5:59 pm	10:49 am	4:42 pm
13	12:37 pm	5:46 am	11:36 am	5:19 pm
14	1:20 pm	7:28 am	12:24 pm	5:59 pm
15	2:07 pm	8:11 am	1:12 pm	6:49 am
16	2:57 pm	8:57 am	1:58 pm	7:39 am
17	3:51 pm	9:44 am	2:44 pm	8:35 am
18	4:46 pm	10:33 am	3:32 pm	9:30 am
19	5:40 pm	11:23 am	4:22 pm	10:19 am
20	6:08 am	12:12 pm	5:14 pm	11:06 am
21	7:02 am	1:02 pm	6:04 pm	11:52 am
22	7:54 am	1:52 pm	6:33 am	12:40 pm
23	8:45 am	2:42 pm	7:25 am	1:29 pm
24	9:36 am	3:33 pm	8:15 am	2:21 pm
25	10:27 am	4:26 pm	9:06 am	3:13 pm
26	11:20 am	5:20 pm	10:00 am	4:05 pm
27	12:14 pm	6:16 am	10:58 am	4:58 pm
28	1:11 pm	7:09 am	11:59 am	5:54 pm
29	2:10 pm	8:02 am	12:58 pm	6:45 am
30	3:11 pm	8:57 am	1:55 pm	7:44 am
31	4:12 pm	9:51 am	2:50 pm	8:44 am

JUNE 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	5:11 pm	10:46 am	3:46 pm	9:41 am
2	6:08 pm	11:39 am	4:41 pm	10:33 am
3	6:31 am	12:30 pm	5:34 pm	11:21 am
4	7:23 am	1:19 pm	5:53 am	12:06 pm
5	8:11 am	2:06 pm	6:45 am	12:51 pm
6	8:55 am	2:50 pm	7:33 am	1:35 pm
7	9:37 am	3:33 pm	8:17 am	2:19 pm
8	10:17 am	4:14 pm	8:59 am	3:01 pm
9	10:56 am	4:55 pm	9:41 am	3:42 pm
10	11:34 am	5:36 pm	10:24 am	4:21 pm
11	12:13 pm	6:19 am	11:08 am	4:58 pm
12	12:53 pm	6:57 am	11:52 am	5:36 pm
13	1:35 pm	7:35 am	12:35 pm	6:17 pm
14	2:20 pm	8:14 am	1:17 pm	6:52 am
15	3:09 pm	8:56 am	1:59 pm	7:36 am
16	4:01 pm	9:43 am	2:44 pm	8:28 am
17	4:57 pm	10:33 am	3:34 pm	9:25 am
18	5:55 pm	11:27 am	4:29 pm	10:21 am
19	6:23 am	12:24 pm	5:28 pm	11:15 am
20	7:22 am	1:21 pm	6:04 am	12:10 pm
21	8:19 am	2:18 pm	7:03 am	1:06 pm
22	9:16 am	3:15 pm	7:58 am	2:03 pm
23	10:11 am	4:12 pm	8:52 am	2:59 pm
24	11:05 am	5:08 pm	9:46 am	3:54 pm
25	12:00 pm	6:05 pm	10:43 am	4:47 pm
26	12:55 pm	6:47 am	11:41 am	5:41 pm
27	1:51 pm	7:37 am	12:37 pm	6:37 pm
28	2:48 pm	8:27 am	1:32 pm	7:13 am
29	3:45 pm	9:19 am	2:24 pm	8:08 am
30	4:44 pm	10:12 am	3:16 pm	9:04 am

JULY 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	5:41 pm	11:05 am	4:09 pm	9:59 am
2	6:00 am	11:59 am	5:03 pm	10:50 am
3	6:54 am	12:51 pm	5:56 pm	11:38 am
4	7:44 am	1:40 pm	6:21 am	12:24 pm
5	8:31 am	2:27 pm	7:11 am	1:10 pm
6	9:14 am	3:12 pm	7:56 am	1:55 pm
7	9:54 am	3:54 pm	8:38 am	2:39 pm
8	10:33 am	4:34 pm	9:18 am	3:20 pm
9	11:11 am	5:14 pm	9:57 am	4:00 pm
10	11:47 am	5:53 pm	10:36 am	4:37 pm
11	12:24 pm	6:23 am	11:15 am	5:13 pm
12	1:03 pm	6:57 am	11:53 am	5:50 pm
13	1:44 pm	7:34 am	12:32 pm	6:10 am
14	2:31 pm	8:14 am	1:15 pm	6:46 am
15	3:24 pm	9:00 am	2:01 pm	7:33 am
16	4:23 pm	9:54 am	2:54 pm	8:35 am
17	5:27 pm	10:53 am	3:55 pm	9:44 am
18	5:53 am	11:56 am	5:01 pm	10:49 am
19	6:58 am	1:00 pm	6:06 pm	11:51 am
20	8:00 am	2:02 pm	6:45 am	12:50 pm
21	8:59 am	3:02 pm	7:42 am	1:49 pm
22	9:54 am	3:59 pm	8:36 am	2:45 pm
23	10:48 am	4:55 pm	9:29 am	3:39 pm
24	11:40 am	5:50 pm	10:22 am	4:31 pm
25	12:32 pm	6:19 am	11:16 am	5:22 pm
26	1:25 pm	7:06 am	12:10 pm	6:15 pm
27	2:18 pm	7:54 am	1:02 pm	6:38 am
28	3:13 pm	8:43 am	1:52 pm	7:28 am
29	4:12 pm	9:36 am	2:43 pm	8:23 am
30	5:11 pm	10:31 am	3:35 pm	9:23 am
31	5:27 am	11:28 pm	4:30 pm	10:19 am

AUGUST 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	6:25 am	12:24 pm	5:27 pm	11:12 am
2	7:18 am	1:17 pm	5:56 am	12:00 pm
3	8:06 am	2:06 pm	6:48 am	12:47 pm
4	8:49 am	2:51 pm	7:33 am	1:32 pm
5	9:29 am	3:33 pm	8:13 am	2:16 pm
6	10:07 am	4:13 pm	8:51 am	2:58 pm
7	10:43 am	4:51 pm	9:26 am	3:37 pm
8	11:18 am	5:29 pm	10:00 am	4:14 pm
9	11:53 am	6:09 pm	10:34 am	4:51 pm
10	12:31 pm	6:21 am	11:09 am	5:28 pm
11	1:12 pm	6:57 am	11:49 am	6:09 pm
12	2:00 pm	7:39 am	12:36 pm	6:09 am
13	2:56 pm	8:28 am	1:29 pm	6:55 am
14	4:00 pm	9:26 am	2:28 pm	8:01 am
15	5:09 pm	10:32 am	3:33 pm	9:23 am
16	6:17 pm	11:40 am	4:44 pm	10:35 am
17	6:43 am	12:48 pm	5:51 pm	11:39 am
18	7:45 am	1:51 pm	6:30 am	12:38 pm
19	8:43 am	2:50 pm	7:26 am	1:35 pm
20	9:36 am	3:46 pm	8:18 am	2:30 pm
21	10:27 am	4:39 pm	9:07 am	3:22 pm
22	11:16 am	5:31 pm	9:56 am	4:12 pm
23	12:04 pm	6:22 pm	10:46 am	5:00 pm
24	12:53 pm	6:31 am	11:36 am	5:49 pm
25	1:44 pm	7:17 am	12:27 pm	6:01 am
26	2:38 pm	8:06 am	1:17 pm	6:46 am
27	3:36 pm	8:58 am	2:08 pm	7:40 am
28	4:38 pm	9:56 am	3:01 pm	8:44 am
29	5:39 pm	10:57 am	3:57 pm	9:49 am
30	5:53 am	11:57 am	4:55 pm	10:46 am
31	6:48 am	12:52 pm	5:49 pm	11:36 am

SEPTEMBER 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	7:37 am	1:42 pm	6:20 am	12:22 pm
2	8:20 am	2:27 pm	7:04 am	1:07 pm
3	8:59 am	3:09 pm	7:43 am	1:50 pm
4	9:36 am	3:48 pm	8:19 am	2:32 pm
5	10:11 am	4:27 pm	8:52 am	3:13 pm
6	10:47 am	5:06 pm	9:24 am	3:52 pm
7	11:23 am	5:46 pm	9:56 am	4:30 pm
8	12:03 pm	5:48 am	10:32 am	5:09 pm
9	12:47 pm	6:28 am	11:16 am	5:53 pm
10	1:38 pm	7:13 am	12:08 pm	5:45 am
11	2:38 pm	8:07 am	1:08 pm	6:35 am
12	3:45 pm	9:11 am	2:13 pm	7:48 am
13	4:56 pm	10:21 am	3:21 pm	9:14 am
14	6:04 pm	11:33 am	4:30 pm	10:27 am
15	6:32 am	12:40 pm	5:36 pm	11:29 am
16	7:32 am	1:42 pm	6:15 am	12:26 pm
17	8:26 am	2:38 pm	7:08 am	1:21 pm
18	9:16 am	3:31 pm	7:57 am	2:13 pm
19	10:03 am	4:21 pm	8:43 am	3:03 pm
20	10:50 am	5:09 pm	9:28 am	3:51 pm
21	11:35 am	5:56 pm	10:14 am	4:37 pm
22	12:21 pm	5:57 am	11:01 am	5:22 pm
23	1:09 pm	6:41 am	11:50 am	6:09 pm
24	2:00 pm	7:29 am	12:41 pm	6:07 am
25	2:56 pm	8:21 am	1:32 pm	6:57 am
26	3:57 pm	9:19 am	2:25 pm	8:02 am
27	4:58 pm	10:22 am	3:20 pm	9:13 am
28	5:54 pm	11:25 am		

NOVEMBER 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	7:28 am	1:55 pm	6:08 am	12:39 pm
2	8:10 am	2:39 pm	6:45 am	1:25 pm
3	8:54 am	3:24 pm	7:24 am	2:11 pm
4	9:39 am	4:11 pm	8:05 am	2:57 pm
5	10:27 am	5:01 pm	8:52 am	3:44 pm
6	11:19 am	5:53 pm	9:45 am	4:34 pm
7	12:15 pm	5:48 am	10:46 am	5:30 pm
8	1:16 pm	6:50 am	11:50 am	6:33 pm
9	2:20 pm	7:58 am	12:52 pm	6:39 am
10	3:25 pm	9:08 am	1:53 pm	7:55 am
11	4:28 pm	10:17 am	2:53 pm	9:04 am
12	5:27 pm	11:21 am	3:53 pm	10:03 am
13	5:58 am	12:18 pm	4:51 pm	10:58 am
14	6:49 am	1:11 pm	5:43 pm	11:49 am
15	7:36 am	1:59 pm	6:12 am	12:37 pm
16	8:21 am	2:44 pm	6:55 am	1:24 pm
17	9:04 am	3:27 pm	7:37 am	2:09 pm
18	9:46 am	4:09 pm	8:18 am	2:52 pm
19	10:27 am	4:51 pm	8:59 am	3:33 pm
20	11:08 am	5:33 pm	9:43 am	4:13 pm
21	11:50 am	6:15 pm	10:30 am	4:53 pm
22	12:34 pm	6:11 am	11:18 am	5:37 pm
23	1:20 pm	7:01 am	12:05 pm	6:25 pm
24	2:09 pm	7:57 am	12:52 pm	6:35 am
25	3:02 pm	8:56 am	1:40 pm	7:45 am
26	3:56 pm	9:57 am	2:30 pm	8:50 am
27	4:50 pm	10:54 am	3:24 pm	9:45 am
28	5:42 pm	11:49 am	4:19 pm	10:36 am
29	6:09 am	12:40 pm	5:12 pm	11:25 am
30	6:58 am	1:30 pm	6:02 pm	12:14 pm

DECEMBER 2009

Date	Bayside		Seaside	
	High	Low	High	Low
1	7:46 am	2:19 pm	6:19 am	1:04 pm
2	8:36 am	3:07 pm	7:04 am	1:54 pm
3	9:25 am	3:57 pm	7:52 am	2:43 pm
4	10:16 am	4:47 pm	8:42 am	3:32 pm
5	11:09 am	5:38 pm	9:37 am	4:22 pm
6	12:03 pm	6:30 pm	10:36 am	5:13 pm
7	1:00 pm	6:42 am	11:36 am	6:09 pm
8	1:59 pm	7:47 am	12:34 pm	6:24 am
9	3:01 pm	8:54 am	1:31 pm	7:35 am
10	4:03 pm	10:00 am	2:28 pm	8:44 am
11	5:02 pm	11:04 am	3:28 pm	9:45 am
12	5:58 pm	12:02 pm	4:27 pm	10:40 am
13	6:31 am	12:55 pm	5:23 pm	11:31 am
14	7:20 am	1:42 pm	6:13 pm	12:19 pm
15	8:05 am	2:27 pm	6:35 am	1:05 pm
16	8:47 am	3:08 pm	7:17 am	1:49 pm
17	9:27 am	3:48 pm	7:57 am	2:30 pm
18	10:06 am	4:26 pm	8:37 am	3:10 pm
19	10:43 am	5:03 pm	9:17 am	3:47 pm
20	11:19 am	5:40 pm	9:58 am	4:23 pm
21	11:56 am	6:18 pm	10:39 am	4:58 pm
22	12:35 pm	6:26 am	11:21 am	5:34 pm
23	1:18 pm	7:14 am	12:04 pm	6:15 pm
24	2:06 pm	8:08 am	12:49 pm	6:47 am
25	2:59 pm	9:07 am	1:38 pm	7:59 am
26	3:58 pm	10:09 am	2:34 pm	9:05 am
27	4:58 pm	11:11 am	3:37 pm	10:04 am
28	5:57 pm	12:11 pm	4:40 pm	10:58 am
29	6:32 am	1:06 pm	5:39 pm	11:51 am
30	7:27 am	1:59 pm	5:58 am	12:44 pm
31	8:20 am	2:50 pm	6:50 am	1:36 pm

Tide Variances

Seaside Tide

	High	Low
Chincoteague Channel	+0:14	+0:19
Gargatha Inlet	+1:04	+0:58
Metompkin Inlet	+0:34	+0:14
Wachapreague Inlet	+0:08	+0:05
Quinby Inlet	+0:03	-0:10
Machipongo Inlet	+0:35	+0:25
Smith Island	+0:22	+1:01
Ship Shoal	+0:25	+0:11
Sand Shoal	+0:07	-0:09

Bayside Tide

	High	Low
Kiptopeke Beach	-0:39	-0:30
Fisherman Island	-0:43	-0:55
Cape Charles Harbor	-0:11	+0:01
Nassawadox Creek	+1:00	+0:53
Occohannock Creek	+1:36	+2:08
Schooner Bay	+2:47	+2:59
Pungoteague Creek	+2:26	+2:42
Onancock Creek	+2:56	+3:14
Guard Shore	+3:07	+3:42
Hunting Creek	+3:03	+3:07
Saxis Island	+3:18	+3:48
Tangier Sound Light	+2:55	+2:53
Pocomoke Sound	+3:28	+3:53
Pocomoke City	+5:50	+6:10
Crisfield	+3:51	+4:00

All tides are subject to variations due to Lunar Phases and local weather conditions.

Night Tide Variances

Add 6 hours to get the approximate night time tides.

2009 MINIMUM VIRGINIA RELEASE CITATIONS

BILLFISH*No Required Minimum Length (Blue Marlin, White Marlin, Sailfish, Spearfish, Swordfish)
SHARKS (any)*72 inches
TUNA (Bluefin)*60 inches
AMBERJACK50 inches
COBIA50 inches
BLACK OR RED DRUM46 inches
TARPON*48 inches
STRIPED BASS44 inches
CREVALLE JACK40 inches
BLUEFISH36 inches
FALSE ALBACORE (Little Tunny)32 inches
GRAY TROUT (Weakfish)30 inches
FLOUNDER26 inches
SHEEPSHEAD24 inches
SPECKLED TROUT24 inches
TAUTOG23 inches
SPADEFISH22 inches
CROAKER20 inches
POMPANO16 inches
SPOT13 inches

Actual measured lengths required expect for species marked with asterisk (*).

2009 MINIMUM WEIGHTS FOR VIRGINIA CITATIONS

SWORDFISH200 lbs.
TUNA, BLUEFIN100 lbs.
BLACK DRUM80 lbs.
TUNA, YELLOWFIN OR BIGEYE70 lbs.
COBIA55 lbs.
STRIPED BASS40 lbs.
TRUE ALBACORE (Longfin Tuna)40 lbs.
WAHOO35 lbs.
DOLPHIN25 lbs.
KING MACKEREL20 lbs.
BLUEFISH16 lbs.
SHEEPSHEAD10 lbs.
GRAY TROUT9 lbs.
SPADEFISH9 lbs.
TAUTOG9 lbs.
FLOUNDER7 lbs.
BLACK SEA BASS5 lbs.
SPANISH MACKEREL4 lbs.
SPECKLED TROUT5 lbs.
GRAY TRIGGERFISH4 lbs.
CROAKER3 lbs.
KINGFISH (Roundhead)1 lb. 8 oz.
POMPANO1 lb. 8 oz.
SPOT1 lb.

Species subject to seasonal or area closures eligible during open season and from open waters only. Saltwater fishing license required.

2009 EASTERN SHORE TIDE TABLE

Compliments of

CHESAPEAKE BAY BRIDGE-TUNNEL FISHING PIER



www.cbdt.com

757.331.2960



Tide Charts provided by
**Chris' Bait & Tackle Shop ~
The Fisherman's Toy Store**

Located 3 miles north of the
Chesapeake Bay Bridge-Tunnel

www.chrisbait.com