

**MARCH 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	9:25 am	3:35 pm	7:57 am	2:52 pm
2	10:12 am	4:21 pm	8:45 am	3:10 pm
3	10:59 am	5:06 pm	9:35 am	3:53 pm
4	11:46 am	5:53 pm	10:27 am	4:37 pm
5	12:35 pm	6:38 am	11:20 am	5:23 pm
6	1:27 pm	7:32 am	12:15 pm	6:09 am
7	2:24 pm	8:32 am	1:10 pm	7:12 am
8	3:27 pm	9:34 am	2:08 pm	8:20 am
9	4:32 pm	10:36 am	3:08 pm	9:22 am
10	5:32 pm	11:33 am	4:09 pm	10:15 am
11	6:12 am	12:21 pm	5:04 pm	11:01 am
12	6:57 am	1:03 pm	5:51 pm	11:43 am
13	7:37 am	1:42 pm	6:07 am	12:23 pm
14	9:14 am	3:18 pm	7:47 am	2:01 pm
15	9:49 am	3:52 pm	8:23 am	2:27 pm
16	10:23 am	4:25 pm	8:57 am	3:12 pm
17	10:56 am	4:58 pm	9:31 am	3:45 pm
18	11:30 am	5:33 pm	10:06 am	4:17 pm
19	12:06 pm	6:10 am	10:44 am	4:48 pm
20	12:46 pm	6:53 am	11:28 am	5:23 pm
21	1:33 pm	7:41 am	12:21 pm	6:15 am
22	2:28 pm	8:37 am	1:20 pm	7:14 am
23	3:33 pm	9:41 am	2:23 pm	8:31 am
24	4:44 pm	10:47 am	3:29 pm	9:46 am
25	5:53 pm	11:51 am	4:37 pm	10:48 am
26	6:30 am	12:50 pm	5:40 pm	11:43 am
27	7:30 am	1:43 pm	6:01 am	12:34 pm
28	8:24 am	2:33 pm	6:57 am	1:23 pm
29	9:15 am	3:21 pm	7:48 am	2:11 pm
30	10:03 am	4:07 pm	8:36 am	2:57 pm
31	10:50 am	4:53 pm	9:24 am	3:42 pm

\*\*Daylight Savings Time Begins

**APRIL 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	11:35 am	5:38 pm	10:12 am	4:26 pm
2	12:21 pm	6:23 am	11:03 am	5:08 pm
3	1:07 pm	7:12 am	11:57 am	5:53 pm
4	1:57 pm	8:03 am	12:51 pm	6:39 am
5	2:51 pm	8:56 am	1:45 pm	7:35 am
6	3:50 pm	9:53 am	2:39 pm	8:39 am
7	4:52 pm	10:50 am	3:35 pm	9:41 am
8	5:51 pm	11:44 am	4:32 pm	10:34 am
9	6:28 am	12:33 pm	5:26 pm	11:20 am
10	7:15 am	1:17 pm	6:14 pm	12:02 pm
11	7:58 am	1:58 pm	6:31 am	12:41 pm
12	8:38 am	2:37 pm	7:13 am	1:20 pm
13	9:16 am	3:14 pm	7:52 am	1:59 pm
14	9:53 am	3:51 pm	8:29 am	2:37 pm
15	10:30 am	4:28 pm	9:06 am	3:14 pm
16	11:08 am	5:07 pm	9:45 am	3:52 pm
17	11:49 am	5:48 pm	10:28 am	4:30 pm
18	12:33 pm	6:40 am	11:18 am	5:12 pm
19	1:24 pm	7:30 am	12:14 pm	6:08 am
20	2:21 pm	8:24 am	1:14 pm	7:05 am
21	3:25 pm	9:23 am	2:14 pm	8:14 am
22	4:32 pm	10:24 am	3:16 pm	9:22 am
23	5:37 pm	11:24 am	4:18 pm	10:23 am
24	6:07 am	12:21 pm	5:19 pm	11:17 am
25	7:07 am	1:14 pm	6:15 pm	12:07 pm
26	8:01 am	2:05 pm	6:35 am	12:55 pm
27	8:53 am	2:54 pm	7:27 am	1:43 pm
28	9:41 am	3:41 pm	8:16 am	2:30 pm
29	10:27 am	4:27 pm	9:03 am	3:16 pm
30	11:12 am	5:31 pm	9:51 am	4:00 pm

**MAY 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	11:57 am	6:01 am	10:41 am	4:43 pm
2	12:41 pm	6:46 am	11:33 am	5:26 pm
3	1:28 pm	7:33 am	12:26 pm	6:10 am
4	2:18 pm	8:20 am	1:18 pm	6:59 am
5	3:11 pm	9:09 am	2:08 pm	7:53 am
6	4:07 pm	10:00 am	2:58 pm	8:50 am
7	5:03 pm	10:50 am	3:48 pm	9:44 am
8	5:55 pm	11:38 am	4:39 pm	10:32 am
9	6:23 am	12:25 pm	5:28 pm	11:15 am
10	7:11 am	1:09 pm	6:12 pm	11:56 am
11	7:56 am	1:53 pm	6:35 am	12:38 pm
12	8:40 am	2:35 pm	7:19 am	1:20 pm
13	9:22 am	3:18 pm	8:01 am	2:03 pm
14	10:05 am	4:01 pm	8:43 am	2:48 pm
15	10:49 am	4:46 pm	9:27 am	3:32 pm
16	11:35 am	5:34 pm	10:15 am	4:18 pm
17	12:24 pm	6:28 am	11:09 am	5:06 pm
18	1:17 pm	7:17 am	12:07 pm	5:58 pm
19	2:14 pm	8:10 am	1:05 pm	6:53 am
20	3:15 pm	9:04 am	2:02 pm	7:53 am
21	4:18 pm	10:00 am	3:00 pm	8:56 am
22	5:19 pm	10:56 am	3:58 pm	9:55 am
23	6:19 pm	11:52 am	4:56 pm	10:49 am
24	6:44 am	12:47 pm	5:52 pm	11:39 am
25	7:39 am	1:39 pm	6:13 am	12:29 pm
26	8:31 am	2:29 pm	7:07 am	1:17 pm
27	9:20 am	3:18 pm	7:57 am	2:06 pm
28	10:06 am	4:04 pm	8:45 am	2:53 pm
29	10:50 am	4:50 pm	9:32 am	3:38 pm
30	11:33 am	5:35 pm	10:19 am	4:20 pm
31	12:16 pm	6:20 am	11:08 am	5:02 pm

**JUNE 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	12:59 pm	7:01 am	11:58 am	5:44 pm
2	1:44 pm	7:43 am	12:46 pm	6:23 am
3	2:31 pm	8:25 am	1:32 pm	7:06 am
4	3:20 pm	9:09 am	2:16 pm	7:54 am
5	4:11 pm	9:54 am	3:00 pm	8:45 am
6	5:04 pm	10:42 am	3:46 pm	9:36 am
7	5:56 pm	11:31 am	4:35 pm	10:25 am
8	6:21 am	12:20 pm	5:25 pm	11:11 am
9	7:13 am	1:10 pm	6:14 am	11:58 am
10	8:03 am	1:59 pm	7:04 am	12:46 pm
11	8:52 am	2:49 pm	7:35 am	1:35 pm
12	9:41 am	3:39 pm	8:22 am	2:26 pm
13	10:30 am	4:29 pm	9:10 am	3:17 pm
14	11:20 am	5:22 pm	10:01 am	4:07 pm
15	12:12 pm	6:11 am	10:56 am	4:57 pm
16	1:06 pm	6:59 am	11:53 am	5:51 pm
17	2:01 pm	7:49 am	12:50 pm	6:34 pm
18	3:00 pm	8:41 am	1:45 pm	7:28 am
19	4:00 pm	9:34 am	2:39 pm	8:26 am
20	5:00 pm	10:30 am	3:35 pm	9:26 am
21	6:00 pm	11:26 am	4:32 pm	10:22 am
22	6:22 am	12:23 pm	5:29 pm	11:15 am
23	7:19 am	1:17 pm	6:22 am	12:06 pm
24	8:12 am	2:09 pm	7:09 am	12:56 pm
25	9:01 am	2:59 pm	7:40 am	1:44 pm
26	9:46 am	3:45 pm	8:26 am	2:32 pm
27	10:29 am	4:29 pm	9:11 am	3:16 pm
28	11:10 am	5:12 pm	9:55 am	3:58 pm
29	11:49 am	5:54 pm	10:40 am	4:38 pm
30	12:29 pm	6:27 am	11:24 am	5:17 pm

**JULY 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	1:08 pm	7:04 am	12:08 pm	5:57 pm
2	1:50 pm	7:41 am	12:49 pm	6:20 am
3	2:34 pm	8:20 am	1:29 pm	6:57 am
4	3:22 pm	9:03 am	2:10 pm	7:41 am
5	4:14 pm	9:50 am	2:53 pm	8:33 am
6	5:10 pm	10:41 am	3:42 pm	9:32 am
7	6:08 pm	11:36 am	4:38 pm	10:29 am
8	6:33 am	12:33 pm	5:37 pm	11:24 am
9	7:31 am	1:30 pm	6:16 am	12:18 pm
10	8:26 am	2:26 pm	7:11 am	1:13 pm
11	9:19 am	3:20 pm	8:02 am	2:08 pm
12	10:11 am	4:15 pm	8:52 am	3:01 pm
13	11:03 am	5:09 pm	9:44 am	3:54 pm
14	11:55 am	6:04 pm	10:37 am	4:45 pm
15	12:48 pm	6:35 am	11:32 am	5:38 pm
16	1:42 pm	7:24 am	12:28 pm	6:09 am
17	2:39 pm	8:14 am	1:22 pm	6:59 am
18	3:39 pm	9:08 am	2:16 pm	7:55 am
19	4:40 pm	10:05 am	3:11 pm	8:57 am
20	5:42 pm	11:04 am	4:08 pm	9:57 am
21	6:02 am	12:03 pm	5:07 pm	10:54 am
22	7:00 am	1:00 pm	6:03 pm	11:47 am
23	7:54 am	1:53 pm	6:32 am	12:37 pm
24	8:42 am	2:42 pm	7:22 am	1:25 pm
25	9:25 am	3:27 pm	8:06 am	2:11 pm
26	10:05 am	4:09 pm	8:48 am	2:54 pm
27	10:43 am	4:50 pm	9:28 am	3:35 pm
28	11:20 am	5:29 pm	10:07 am	4:13 pm
29	11:56 am	6:08 pm	10:45 am	4:51 pm
30	12:32 pm	6:24 am	11:23 am	5:27 pm
31	1:10 pm	6:59 am	12:00 pm	6:05 pm

**AUGUST 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	1:51 pm	7:36 am	12:38 pm	6:09 am
2	2:38 pm	8:17 am	1:19 pm	6:44 am
3	3:32 pm	9:05 am	2:05 pm	7:33 am
4	4:32 pm	10:01 am	2:59 pm	8:42 am
5	5:36 pm	11:02 am	4:01 pm	9:55 am
6	6:02 am	12:06 pm	5:07 pm	10:59 am
7	7:05 am	1:08 pm	6:51 am	11:58 am
8	8:03 am	2:08 pm	6:49 am	12:55 pm
9	8:58 am	3:05 pm	7:42 am	1:51 pm
10	9:51 am	4:00 pm	8:32 am	2:45 pm
11	10:42 am	4:54 pm	9:22 am	3:38 pm
12	11:33 am	5:48 pm	10:13 am	4:29 pm
13	12:25 pm	6:07 am	11:07 am	5:21 pm
14	1:19 pm	6:56 am	12:01 pm	6:14 pm
15	2:15 pm	7:47 am	12:56 pm	7:03 am
16	3:15 pm	8:41 am	1:50 pm	7:25 am
17	4:19 pm	9:40 am	2:45 pm	8:28 am
18	5:23 pm	10:42 am	3:43 pm	9:34 am
19	6:24 pm	11:45 am	4:43 pm	10:35 am
20	6:41 am	12:43 pm	5:40 pm	11:29 am
21	7:34 am	1:36 pm	6:11 am	12:18 pm
22	8:19 am	2:24 pm	7:00 am	1:04 pm
23	9:00 am	3:07 pm	7:42 am	1:48 pm
24	9:38 am	3:47 pm	8:21 am	2:30 pm
25	10:14 am	4:26 pm	8:57 am	3:10 pm
26	10:48 am	5:03 pm	9:32 am	3:49 pm
27	11:22 am	5:40 pm	10:04 am	4:25 pm
28	11:57 am	6:18 pm	10:36 am	5:00 pm
29	12:33 pm	6:20 am	11:09 am	5:36 pm
30	1:15 pm	6:57 am	11:47 am	6:16 pm
31	2:03 pm	7:40 am	12:34 pm	6:05 am

**SEPTEMBER 2010**

Date	Bayside		Seaside	
	High	Low	High	Low
1	2:59 pm	8:31 am	1:28 pm	6:53 am
2	4:04 pm	9:31 am	2:29 pm	8:07 am
3	5:11 pm	10:38 am	3:35 pm	9:31 am
4	6:16 pm	11:47 am	4:44 pm	10:41 am
5	6:44 am	12:52 pm	5:48 pm	11:42 am
6	7:42 am	1:53 pm	6:28 am	12:39 pm
7	8:37 am	2:50 pm	7:21 am	1:34 pm
8	9:29 am	3:44 pm	8:10 am	2:28 pm
9	10:20 am	4:37 pm	8:59 am	3:20 pm
10	11:10 am	5:30 pm	9:48 am	4:11 pm
11	12:01 pm	6:22 pm	10:39 am	5:01 pm
12	12:53 pm	6:27 am	11:32 am	5:53 pm
13	1:49 pm	7:19 am	12:27 pm	6:01 am
14	2:49 pm	8:14 am	1:23 pm	6:55 am
15	3:53 pm	9:15 am	2:19 pm	7:58 am
16	4:58 pm	10:19 am	3:16 pm	9:09 am
17	5:58 pm	11:23 am	4:14 pm	10:13 am
18	6:16 am	12:22 pm	5:11 pm	11:07 am
19	7:07 am	1:15 pm	6:02 pm	11:55 am
20	7:51 am	2:01 pm	6:32 am	12:39 pm
21	8:31 am	2:43 pm	7:13 am	1:22 pm
22	9:08 am	3:23 pm	7:50 am	2:04 pm
23	9:43 am	4:01 pm	8:25 am	2:45 pm
24	10:17 am	4:38 pm	8:56 am	3:24 pm
25	10:51 am	5:15 pm	9:26 am	4:02 pm
26	11:26 am	5:53 pm	9:56 am	4:38 pm
27	12:05 pm	6:35 pm	10:29 am	5:15 pm
28				

# NOVEMBER 2010

Date	Bayside		Seaside	
	High	Low	High	Low
1	5:32 pm	11:21 am	4:00 pm	10:11 am
2	6:07 am	12:25 pm	5:02 pm	11:12 am
3	7:04 am	1:25 pm	6:02 pm	12:08 pm
4	7:58 am	2:20 pm	6:37 am	1:02 pm
5	8:49 am	3:13 pm	7:27 am	1:54 pm
6	9:39 am	4:03 pm	8:14 am	2:45 pm
7	9:27 am	3:51 pm	8:01 am	2:35 pm
8	10:16 am	4:40 pm	8:48 am	3:22 pm
9	11:04 am	5:28 pm	9:37 am	4:08 pm
10	11:53 am	6:17 pm	10:29 am	4:55 pm
11	12:44 pm	6:17 am	11:23 am	5:44 pm
12	1:36 pm	7:12 am	12:15 pm	5:50 am
13	2:31 pm	8:11 am	1:05 pm	6:52 am
14	3:26 pm	9:12 am	1:55 pm	7:59 am
15	4:19 pm	10:12 am	2:46 pm	9:00 am
16	5:09 pm	11:08 am	3:39 pm	9:52 am
17	5:56 pm	11:58 am	4:30 pm	10:39 am
18	6:19 am	12:45 pm	5:19 pm	11:25 am
19	7:01 am	1:28 pm	6:03 pm	12:09 pm
20	7:42 am	2:11 pm	6:18 am	12:54 pm
21	8:22 am	2:52 pm	6:55 am	1:38 pm
22	9:03 am	3:34 pm	7:31 am	2:21 pm
23	9:46 am	4:17 pm	8:10 am	3:04 pm
24	10:30 am	5:02 pm	8:53 am	3:47 pm
25	11:17 am	5:49 pm	9:43 am	4:32 pm
26	12:08 pm	6:39 pm	10:39 am	5:21 pm
27	1:03 pm	6:47 am	11:39 am	6:17 pm
28	2:03 pm	7:51 am	12:38 pm	6:30 am
29	3:05 pm	8:59 am	1:37 pm	7:45 am
30	4:08 pm	10:07 am	2:38 pm	8:55 am

\*\*Daylight Savings Time Ends

# DECEMBER 2010

Date	Bayside		Seaside	
	High	Low	High	Low
1	5:10 pm	11:11 am	3:40 pm	9:57 am
2	6:08 pm	12:11 pm	4:42 pm	10:53 am
3	6:42 am	1:07 pm	5:39 pm	11:47 am
4	7:34 am	1:59 pm	6:08 am	12:39 pm
5	8:24 am	2:47 pm	6:56 am	1:29 pm
6	9:11 am	3:34 pm	7:42 am	2:17 pm
7	9:57 am	4:19 pm	8:27 am	3:02 pm
8	10:41 am	5:02 pm	9:13 am	3:45 pm
9	11:24 am	5:44 pm	10:00 am	4:26 pm
10	12:07 pm	6:27 pm	10:48 am	5:07 pm
11	12:51 pm	6:36 am	11:36 am	5:50 pm
12	1:37 pm	7:28 am	12:23 pm	6:05 am
13	2:26 pm	8:23 am	1:09 pm	7:06 am
14	3:18 pm	9:22 am	1:57 pm	8:12 am
15	4:12 pm	10:21 am	2:49 pm	9:12 am
16	5:06 pm	11:17 am	3:44 pm	10:04 am
17	5:58 pm	12:09 pm	4:40 pm	10:53 am
18	6:27 am	12:59 pm	5:31 pm	11:41 am
19	7:14 am	1:45 pm	6:19 pm	12:28 pm
20	8:00 am	2:30 pm	6:30 am	1:15 pm
21	8:45 am	3:15 pm	7:13 am	2:01 pm
22	9:30 am	3:59 pm	7:57 am	2:46 pm
23	10:16 am	4:43 pm	8:43 am	3:31 pm
24	11:04 am	5:29 pm	9:33 am	4:15 pm
25	11:53 am	6:17 pm	10:27 am	5:01 pm
26	12:46 pm	6:36 am	11:23 am	5:52 pm
27	1:42 pm	7:38 am	12:20 pm	6:15 am
28	2:42 pm	8:43 am	1:17 pm	7:26 am
29	3:45 pm	9:50 am	2:17 pm	8:36 am
30	4:49 pm	10:56 am	3:20 pm	9:40 am
31	5:50 pm	11:57 am	4:24 pm	10:38 am

## Tide Variances

### Seaside Tide

	High	Low
Chincoteague Channel	+0:14	+0:19
Gargatha Inlet	+1:04	+0:58
Metompkin Inlet	+0:34	+0:14
Wachapreague Inlet	+0:08	+0:05
Quinby Inlet	+0:03	-0:10
Machipongo Inlet	+0:35	+0:25
Smith Island	+0:22	+1:01
Ship Shoal	+0:25	+0:11
Sand Shoal	+0:07	-0:09

### Bayside Tide

	High	Low
Kiptopeke Beach	-0:39	-0:30
Fisherman Island	-0:43	-0:55
Cape Charles Harbor	-0:11	+0:01
Nassawadox Creek	+1:00	+0:53
Occohannock Creek	+1:36	+2:08
Schooner Bay	+2:47	+2:59
Pungoteague Creek	+2:26	+2:42
Onancock Creek	+2:56	+3:14
Guard Shore	+3:07	+3:42
Hunting Creek	+3:03	+3:07
Saxis Island	+3:18	+3:48
Tangier Sound Light	+2:55	+2:53
Pocomoke Sound	+3:28	+3:53
Pocomoke City	+5:50	+6:10
Crisfield	+3:51	+4:00

All tides are subject to variations due to Lunar Phases and local weather conditions.

## Night Tide Variances

Add 6 hours to get the approximate night time tides.

## 2010 MINIMUM VIRGINIA RELEASE CITATIONS

BILLFISH*	.....No Required Minimum Length (Blue Marlin, White Marlin, Sailfish, Spearfish, Swordfish)
SHARKS (any)*	.....72 inches
TUNA (Bluefin)*	.....60 inches
AMBERJACK	.....50 inches
COBIA	.....50 inches
BLACK OR RED DRUM	.....46 inches
TARPON*	.....48 inches
STRIPED BASS	.....44 inches
CREVALLE JACK	.....40 inches
BLUEFISH	.....36 inches
FALSE ALBACORE (Little Tunny)	.....32 inches
GRAY TROUT (Weakfish)	.....30 inches
FLOUNDER	.....26 inches
SHEEPSHEAD	.....24 inches
SPECKLED TROUT	.....24 inches
TAUTOG	.....23 inches
SPADEFISH	.....22 inches
CROAKER	.....20 inches
POMPANO	.....16 inches
SPOT	.....13 inches

Actual measured lengths required expect for species marked with asterisk (\*).

## 2010 MINIMUM WEIGHTS FOR VIRGINIA CITATIONS

SWORDFISH	.....200 lbs.
TUNA, BLUEFIN	.....100 lbs.
BLACK DRUM	.....80 lbs.
TUNA, YELLOWFIN OR BIGEYE	.....70 lbs.
COBIA	.....55 lbs.
STRIPED BASS	.....40 lbs.
TRUE ALBACORE (Longfin Tuna)	.....40 lbs.
WAHOO	.....35 lbs.
DOLPHIN	.....25 lbs.
KING MACKEREL	.....20 lbs.
BLUEFISH	.....16 lbs.
SHEEPSHEAD	.....10 lbs.
GRAY TROUT	.....9 lbs.
SPADEFISH	.....9 lbs.
TAUTOG	.....9 lbs.
FLOUNDER	.....7 lbs.
BLACK SEA BASS	.....5 lbs.
SPANISH MACKERAL	.....4 lbs.
SPECKLED TROUT	.....5 lbs.
GRAY TRIGGERFISH	.....4 lbs.
CROAKER	.....3 lbs.
KINGFISH (Roundhead)	.....1 lb. 8 oz.
POMPANO	.....1 lb. 8 oz.
SPOT	.....1 lb.

Species subject to seasonal or area closures eligible during open season and from open waters only. Saltwater fishing license required.

# 2010 EASTERN SHORE TIDE TABLE *Compliments of* CHESAPEAKE BAY BRIDGE-TUNNEL FISHING PIER



[www.cbdt.com](http://www.cbdt.com)

757.331.2960



Tide Charts provided by  
**Chris' Bait & Tackle Shop ~  
The Fisherman's Toy Store**

Located 3 miles north of the  
Chesapeake Bay Bridge-Tunnel

[www.chrisbait.com](http://www.chrisbait.com)